

Sleeping Giant Trail System

Sleeping Giant State Park, Hamden, Connecticut

A project of the Sleeping Giant Park Association
in cooperation with the Department of
Environmental Protection of the State of Connecticut.

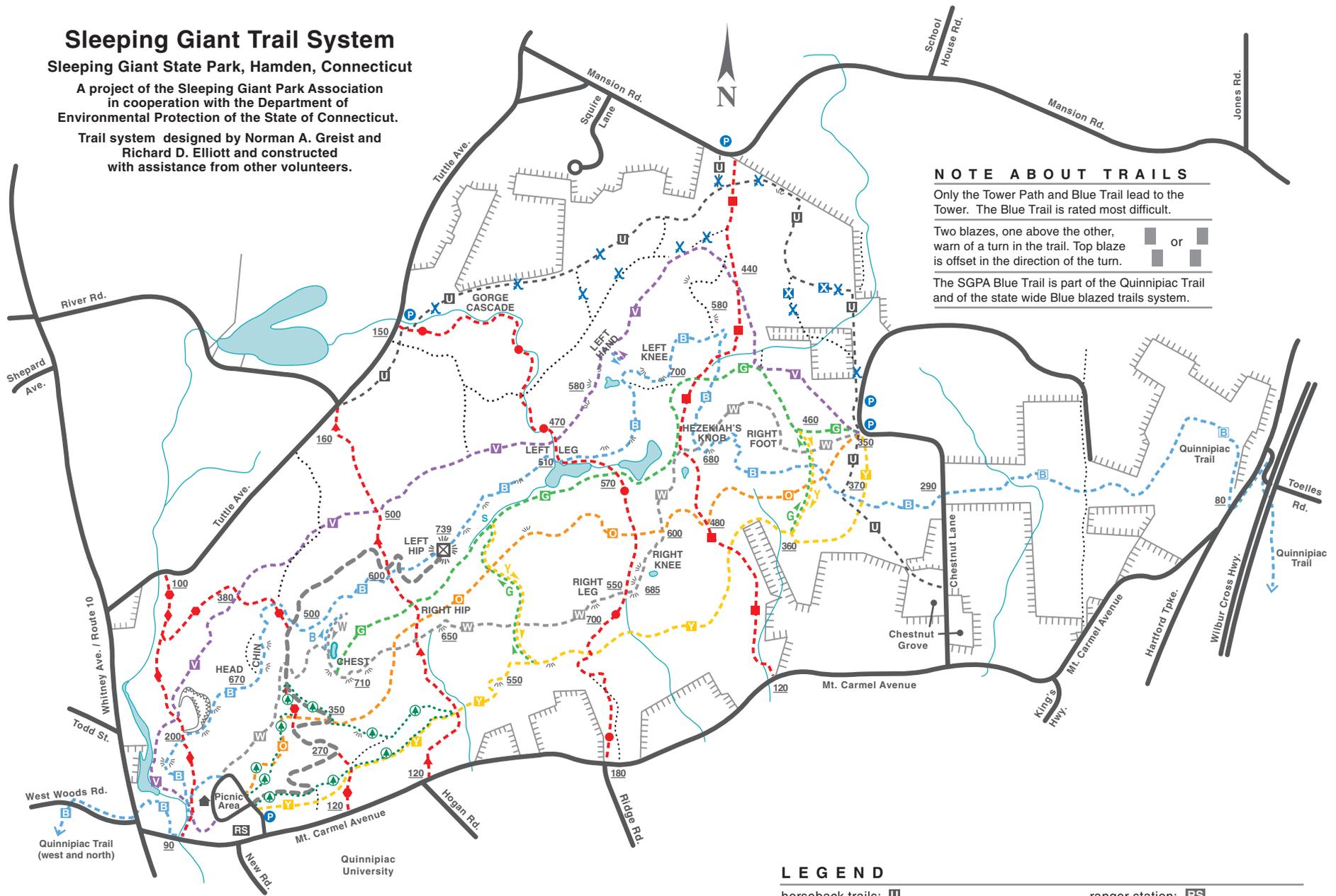
Trail system designed by Norman A. Greist and
Richard D. Elliott and constructed
with assistance from other volunteers.

NOTE ABOUT TRAILS

Only the Tower Path and Blue Trail lead to the Tower. The Blue Trail is rated most difficult.

Two blazes, one above the other, warn of a turn in the trail. Top blaze is offset in the direction of the turn.

The SGPA Blue Trail is part of the Quinnipiac Trail and of the state wide Blue blazed trails system.



east - west trails (rating & length)

yellow	C	2.2
orange	B	2.4
white	A	2.8
green	B	2.0
blue	A	5.1
violet	C	3.2

north - south trails (red markers)

diamond	C	0.7
hexagon	B	1.1
triangle	B	1.1
circle	B	1.9
square	B	1.6

additional trails

tower path	D	1.6
nature trail	C	1.5

NOTE: except for the tower path, all trails are rocky and rough. Hiking shoes advised.

trail ratings

- A - hard, steep climbs, for experienced hikers.
- B - steady ascent to crest from all trailheads
- C - mostly level, some rises
- D - gentle climb on wide clear path

LEGEND

- horseback trails:
- east - west trails:
- (yellow-orange-white-green-blue-violet)
- north - south trails:
- crossover trails:
- nature trail:
- unmarked trail (but cleared):
- paved road:
- tower path:
- ski trail:
- elevation at trail intersections or views: **580**

- ranger station:
- stone tower:
- picnic shelter:
- parking:
- water course:
- swamp or pond:
- park boundary:
- view:
- quarry:
- private park:

