

Free Movies

The Elderly Services free movie for seniors will be shown on Tuesday, April 20 . “**Young At Heart**”, is a true story of the final weeks of rehearsal for the Young at Heart Chorus in Northampton, MA, whose average age is 81, and many of whom must overcome health adversities to participate. The movie will be shown from 1:00 to 3:00 pm in Thornton Wilder Hall in the Miller Complex.

Miller Association of Seniors

The Miller Association of Seniors will meet on Wednesday, April 28 , at 1:00 pm. in the Social Hall of the Miller Complex. Mayor Jackson is the guest speaker. Refreshments will be served.

AARP

AARP will meet on April 12, at 1:00 pm in Thornton Wilder Hall of the Miller Complex. Guest speaker is Chief Assessor Clynes.

Social Security

Please note that the Social Security phone number has changed. The new number is 1-866-331-5281.

Friends of the Hamden Library

The Friends of the Hamden Library will present the Pierce Campbell Duo featuring Pierce Campbell, Connecticut's official State Troubadour 2007/2008, on guitar and vocals and Tony Pasqualoni on acoustics bass. They will be performing jazz classics from artists like Duke Ellington, Frank Sinatra and Tony Bennett, along with more modern pop/jazz from Stevie Wonder and Norah Jones and others. This free event is scheduled for Wednesday April 21, 2010 at 7:00 pm in the Thornton Wilder Hall of the Miller Complex.

Mission of Mercy Free Dental Care

There are more than 1 million CT residents who lack adequate dental insurance and are in need of reliable dental care. And in these difficult times, that number is expected to rise. While a charity dental clinic is no substitute for a health care plan, CTMOM is more than happy to provide free dental care for as many as possible. For more information you can call our toll-free number at 1-800-539-9372. Includes: screenings, x-rays, fillings, extractions, root canals, oral surgery, and replacement teeth.

Pet Food

Free dog food and cat food is available for those who have pets and who are having difficulty affording it. Please call Elderly Outreach at 203-287-2691.

Miller Melodies

Do you love music....then come and join the fun. The Miller Melodies meet at 10:45am every Monday in the Thornton Wilder Hall and perform throughout the year. Please call 203-287-2547 for more information or to sign up.

Nintendo Wii Bowling Competition

Nintendo Wii Bowling Teams are now forming with Quarter Finals in April and end in May. Each team will have 8 players, 4 will play the first game and 4 will play the second game. The total score of both games will determine the winner. Contact 203-287-2547 to sign up now.

Community Choices, an “Aging and Disability Resource Center,”

opened its phone lines empowering individuals to advocate for themselves. Their mission is to assist individuals 18 and older who are seeking services and support, regardless of disability or income, through a coordinated system of information and access. Please call 1-800-994-9422 for more information.

Focus Group

Anyone interested in starting a Focus Group for Heart Patients? Please call 203-287-2547.

AARP 55 Alive/Mature Driving Classes

AARP 55 ALIVE/Mature Driving is the nation's first and largest classroom driver improvement course designed especially for motorists age 50 and older. The 8-hour course is taught in **two**, four-hour sessions spanning two days, and costs \$12.00 for AARP members and \$14.00 for Non-AARP Members. You must have your AARP membership number when signing up to receive the \$12.00 fee. If any member lost their membership card they can phone 1-888-687-2277 to obtain their number. Please make checks payable to AARP, no cash accepted. Classes at the Miller Senior Center are as follows: All class times are 8:30 am to 12:30 pm.

May 7, 2010 and May 14, 2010

June 11, 2010 and June 18, 2010

July 16, 2010 and July 23, 2010

Registration is in person and begins 2 weeks prior to class. For more information call Elderly Services at 203-287-2547.

Free Income Tax Appointments

Income tax assistance will be provided to elderly Hamden residents on Tuesday and Friday mornings starting at 8:30 am with last appointment at 11:30 am, at the Miller Senior Center. Tax Assistance will be provided by appointment only. The last appointments taken will be Tuesday, April 13, 2010. Call Elderly Services for information and appointments at 203-287-2547.

Fuel Assistance Program

Call the Elderly Outreach Office at 203-287-2691 to make an appointment for the Fuel Assistance Program.

Documents needed are:

- copy of 2010 Social Security check
- copy of 2010 pension check
- Previous 30 day's interest on any accounts
- Any previous 30 day's employment
- Balances in any & all bank accounts
- name of oil dealer (if applicable)

More specific information will be given when making your appointment.

NOTE: Fuel Assistance for Gas & Electric customers only will have to May 1st to file, however if you have a shut off notice for gas or electric you will have until May 17th to file.**

Over Fifty Fitness Spring Session

Music from 50's, 60's, 70's, Low impact dance aerobics, March 22 to June 11, \$60.00 for 11 weeks, Monday through Thursday, 8:30-9:30 & 9:40-10:40. Free trial class. For more information call 203-239-4209. No classes April 5th to the 8th Vacation.

National Health Care Decisions Day

The Miller Senior Center will have an exhibit table about NHDD at the main entrance when you enter the building on Friday, April 16. Planning for Important Health care Decision packets will be given out.

Entertainment!!

Come listen to Bob Mel and Karen Wagner on Thursday, April 8th in the Social Hall, 1pm to 2pm. Don't forget to make lunch reservations by noon the day before at 203-287-0057. A late bus will be provided, reservations for transportation must be made the week before by calling 203-288-2885.

The Senior Trip office is OPEN on Wednesdays, from 10:30 am to 12:30 pm
Miller Senior Center, 2901 Dixwell Avenue
For more details contact Marion Lyons at home 203-387-0656

Trips for 2010

The Newport Playhouse & Cabaret Theater, April 11

Happy Birthday, a genuinely brilliant play-full of laughs!, \$78.00 pp

Log Cabin Holyoke, MA, Sunday Brunch & Show, April 18

Starring the dynamic duo Joey Casella & Comedian, \$69.00

“Joseph” and Penn Dutch “The all new Production Show” May 10-11

Lancaster, Pennsylvania, \$249.00 double, \$239.00 Triple, \$319.00 Single

Spain's Classics, May 16-25, 2010, Madrid, Prado Museum, Toledo, Cordoba, Seville, Flamenco Show, Granada, Alhambra, Valencia, Barcelona

10 days, 14 Meals, 8 Breakfasts, 1 lunch, 5 dinners. Round trip air from New York..

\$2,899 Double, \$3,349 Single, \$2,869 Triple. Brochures available at the Miller Senior Center

Darren Williams, Australia's Performer of the Year!, Aqua Turf, June 17

Sings in 7 languages, family style meal, \$58.00 pp. Drive on your own.

Harlem's Famous Highlights, Thursday, June 24,

A riding tour of Harlem's famed neighborhood, will take you past the Gospel Churches, Apollo Theater and Harlem Jazz Club. Lunch at Sylvia's “Queen of Soul Food” Restaurant. \$70.00 pp

Two Lobsters and a Crab! At the famous Hukelau, July 13

Two shows with 2 steamed lobsters or Prime Rib of Beef, \$69.00 pp

Foxwoods & Thimble Islands Cruise, Tuesday, August 3

Buffet Luncheon/Meal Voucher, \$15.00 Casino Bonus, Narrated Thimble Island Cruise, \$41.00pp

Boston, Ben & Boats, Wednesday, August 19

Guided tour with Ben Franklin, luncheon, afternoon cruise, \$70.00 pp

Suffolk Downs, Wednesday, September 8

Join an afternoon of racing overlooking Swan Pond, Lunch Buffer, Club Admission, Racing at your table, a race named for your group. \$49.00 pp

APRIL 2010

Senior Community Cafe: 287-0057 Elderly Services: 287-2547 Elderly Outreach: 287-2691

Monday

Tuesday

Wednesday

Thursday

Friday

			<p>(1) Aerobics 8:30-9:30 9:40-10:40</p> <p>Tai Chi 10:45-12:15</p> <p>Mah Jongg 11:30-4</p> <p>Lunch 12 Noon</p> <p>Cards & Pool 12:30-4:30</p> <p>Stroke Group 12:30-2:00</p> <p>Needlework 1-3</p> <p>Yoga 2:00-3:00</p>	<p>(2)</p> <p style="text-align: center;">Center Closed</p> <p style="text-align: center;">Good Friday</p>
<p>(5) Duplicate Bridge 9:30-12:30</p> <p>Singing Group 10:45-11:45</p> <p>Mah Jongg 11:30-4</p> <p>Lunch 12 Noon</p> <p>Cards & Pool 12:30-4:30</p>	<p>(6) Income Tax 8:30-12:30</p> <p>Tai Chi 10:45-12:15</p> <p>Mah Jongg 11:30-4:00</p> <p>Lunch 12 Noon</p> <p>Cards & Pool 12:30-4:30</p> <p>Bingo 1:00-3:00</p> <p>Yoga 2:00-3:00</p>	<p>(7) Miller Board 9:30</p> <p>Lunch 12:00 Noon</p> <p>Supervised Bridge 12:30-3:00</p> <p>Cards & Pool 12:30-4:30</p> <p>Pokeno 1:00-3:00</p>	<p>(8) Tai Chi 10:45-12:15</p> <p>Mah Jongg 11:30-4</p> <p>Lunch 12 Noon</p> <p>Singing duet with Bob Mel & Karen Wagner 1:00-2:00</p> <p>Cards & Pool 12:30-4:30</p> <p>Stroke Group 12:30-2:00</p> <p>Needlework 1-3</p> <p>Yoga 2:00-3:00</p>	<p>(9) Income Tax 8:30-12:30</p> <p>Yoga 8:30-10:00</p> <p>Arts & Crafts 10:00-11:00</p> <p>Lunch 12:00 Noon</p> <p>Cards & Pool 12:30-4:30</p> <p>Pokeno 1:00-3:00</p>
<p>(12) Aerobics 8:30-9:30 9:40-10:40</p> <p>Same as above plus 1:00 AARP</p>	<p>(13) Aerobics 8:30-9:30 9:40-10:40</p> <p>Same as above Last day for taxes 8:30-12:30</p>	<p>(14) Same as above Plus</p> <p>Aerobics 8:30-9:30 9:40-10:40</p>	<p>(15) Same as above Plus</p> <p>Aerobics 8:30-9:30 9:40-10:40</p>	<p>(16) Same as above</p> <p>No Income Taxes</p> <p>*National Health Care Decisions Day—forms at the Senior Center</p>
<p>(19) Same as above No AARP</p>	<p>(20) Same as above plus 1:00 Movie Day Yoga 3:30-4:30</p>	<p>(21) Same as above plus Blood Pressure 10:30-12</p>	<p>(22) Same as above</p>	<p>(23) Same as above</p>
<p>(26) Same as above</p>	<p>(27) Same as 4-6 no taxes</p>	<p>(28) Same as 4-14 plus Miller Assoc 1-3</p>	<p>(29) Same as above</p>	<p>(30) Same as above</p>