

Free Movies

The Elderly Services free movie for seniors will be shown on Tuesday, March 16 .
“**Everybody's Fine**” is a drama starring Robert DeNiro as a widower who embarks on an impromptu road trip to reconnect with each of his grown children only to discover that their lives are far from picture perfect. It will be shown from 1:00 to 3:00pm in the Thornton Wilder Hall at the Miller Complex.

Miller Association of Seniors

The Miller Association of Seniors will meet on Wednesday, March 24 , at 1:00 pm. in the Social Hall of the Miller Complex. The guest is Bob Bloom who will present a program about the art of drumming.

AARP

AARP will meet on March 8 at 1:00 pm in Thornton Wilder Hall of the Miller Complex. The guest speaker is Mayor Scott Jackson. Bring all your questions!

Wii Bowling & Games at Miller Senior Center

Join us in a game of Wii bowling, baseball, etc. everyday at the Miller Senior Center. Looking to form teams. Please call 203-287-2547 if interested.

Fuel Assistance Program

Call the Elderly Outreach Office at 203-287-2691 to make an appointment for the Fuel Assistance Program.

Documents needed are:

- copy of 2010 Social Security check

- copy of 2010 pension check
- Previous 30 day's interest on any accounts
- Any previous 30 day's employment
- Balances in any & all bank accounts
- name of oil dealer (if applicable)

More specific information will be given when making your appointment.

Telephone Reassurance/A Free Service

Do you know a Hamden elderly resident that is homebound and would be interested in receiving a daily call from Jeanne our Telephone Reassurance worker? Please call the Miller Senior Center at 203-287-2547 to be put on our courtesy call list.

Free Income Tax Appointments

Income tax assistance will be provided to elderly Hamden residents and low to middle income individuals. Appointments are on Tuesday and Friday mornings starting at 8:30 am with last appointment at 11:30 am at the Miller Senior Center. Tax Assistance will be provided by appointment only. This service is sponsored by the American Association of Retired Persons (AARP) with volunteers trained by the Internal Revenue Service. For more information and to make your appointment call Elderly Services at 203-287-2547.

The Friends Of The Hamden Library

The Friends of the Hamden Library presents the Connecticut Chamber Orchestra directed by Conductor Sayard Stone on Thursday, March 25, 2010 at 7:30pm. At age 89, Conductor Stone will inspire and delight his audience with familiar classical pieces and Broadway tunes.

This is a free event and will be held at the Thornton Wilder Hall Auditorium of the Miller Senior Center Complex, 2901 Dixwell Avenue, Hamden, CT.

St. Patrick's Day Luncheon

The Hamden Chamber of Commerce Health and Wellness Committee is sponsoring lunch on Wednesday, March 17 at 11:30am in the Social Hall for the Hamden Seniors. A cold lunch will be provided with treats. Please be sure to call the Community Cafe at 203-287-0057 to make your reservation by Friday, March 5 as seating is limited.

Intergenerational Arts/Crafts Program

Hamden Youth Services Preschool, P.L.A.C.E. (Partnerships in Learning and Creative Exploration) invites the Miller Senior Center attendees to join them for a morning of arts and crafts. The fun begins at 10:00a.m. right here in the Social Hall, on Friday, March 26th. For more information and to register, please call 203-287-2547.

UI Helps

UI helps is a free in-home service that can make your home more energy-efficient and help reduce your energy bills. A representative will be here on Wednesday, March 24, at 11:00a.m. In the Social Hall, to explain the program in greater detail and to answer any questions. Please call the Community Cafe at 203-287-0057 the day before by noon if you wish to have the senior lunch.

Sensational Sunday Performances

Sunday, March 7, 2010, 2:00 pm

“Great Music from Great Bands: Swing and Jazz Standards” Berkshire Big Band with vocalist Jan Maki.

Friday, March 26, 2010, 6:30pm

The Hamden Arts Commission & The Sleeping Giant Poets Guild Announce an Evening of Poetry. Featuring renowned poet Richard Tillinghast visiting from Ireland. Join us for an open mic poetry and feature reading.

Reminder!

The Arts and Crafts classes are every Friday at 10a.m. in the Social Hall. Bring your ideas with you. Donations are accepted, no yarn or material are needed at this time.

Senator Looney's visit to Miller Senior Center

The Senator and staff will be visiting Miller Senior Center before lunch on Friday, March 5, 2010 at 11:15am for a legislative update with focus on issues affecting seniors. Please call the cafe by noon the day before at 203-287-0057 if you plan on joining for lunch after the presentation.

At the Hop Rescheduled!

The entertainment with music from the 50's has been rescheduled for Wednesday, March 3, 2010 at 1pm to 2pm. Please sign up with the cafe by noon the day before if you wish to have lunch. 203-287-0057.

Let us know what you think....

Interested in having a tag sale or arts and craft fair. Call 203-287-2547 if interested!

The Senior Trip office is OPEN on Wednesdays, from 10:30 am to 12:30 pm
Miller Senior Center, 2901 Dixwell Avenue
For more details contact Marion Lyons at home 203-387-0656

Trips for 2010

Atlantic City, March 21-22

2 days, 1 night, Tropicana Casino Hotel, Departs Miller Parking Lot, \$107.00 pp

Feast of St. Joseph, Aaron Caruso, Viva Italian!! March 23

Grand Oak Villa in Oakville, CT..\$73.00 pp

The Newport Playhouse & Cabaret Theater, April 11

Happy Birthday, a genuinely brilliant play-full of laughs!, \$78.00 pp

Log Cabin Holyoke, MA, Sunday Brunch & Show, April 18

Starring the dynamic duo Joey Casella & Comedian, \$69.00

Imperial Cities of Prague, Vienna, Budapest, April 19-29

Round trip airfare from New York included. \$3,399 Double, \$4,249 Single, \$3,349 Triple

“Joseph” and Penn Dutch “The all new Production Show” May 10-11

Lancaster, Pennsylvania, \$249.00 double, \$239.00 Triple, \$319.00 Single

Spain's Classics, May 16-25, 2010, Madrid, Prado Museum, Toledo, Cordoba, Seville, Flamenco Show, Granada, Alhambra, Valencia, Barcelona

10 days, 14 Meals, 8 Breakfasts, 1 lunch, 5 dinners. Round trip air from New York..

\$2,899 Double, \$3,349 Single, \$2,869 Triple. Brochures available at the Miller Senior Center

Darren Williams, Australia's Performer of the Year!, Aqua Turf, June 17

Sings in 7 languages, family style meal, \$58.00 pp,,Drive on your own.

Two Lobsters and a Crab! At the famous Hukelau, July 13

Two shows with 2 steamed lobsters or Prime Rib of Beef, \$69.00 pp

****Miller Melodies****

The Miller Melodies will perform LOVE songs in the Social Hall on Monday, February 22, at 11:15 am. The Miller Melodies also meets every Monday except on holidays at 10:45 in the Thornton Wilder of the Miller Senior Center. All are welcome to join the group!

MARCH 2010

Senior Community Cafe: 203-287-0057

Elderly Services: 203-287-2547

Elderly Outreach: 203-287-2691

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| (1) Aerobics 8:30-9:30 9:40-10:40 Duplicate Bridge 9:30-12:30 Singing Group 10:45-11:45 Mah Jongg 11:30-4 Lunch 12 Noon Cards & Pool 12:30-4:30 Bridge/Defense 1:00-3:00 | (2) Aerobics 8:30-9:30 9:40-10:40 Income Tax 8:30 – 11:30 by appt. only Tai Chi 10:45-12:15 Mah Jongg 11:30-4:00 Lunch 12 Noon Cards & Pool 12:30-4:30 Bingo 1:00-3:00 Yoga 2:00-3:30 | (3) Aerobics 8:30-9:30 9:40-10:40 Miller Board 9:30 Bridge/Bidding 10:00-12:00 Lunch 12 Noon 1:00-2:00 At the Hop Music/Dancing Supervised Bridge 12:30-3:00 Cards & Pool 12:30-4:30 Pokeno 1:00-3:00 Genealogy 1:00-3:00 | (4) Aerobics 8:30-9:30 9:40-10:40 Oil Painting 10-12 Tai Chi 10:45-12:15 Mah Jongg 11:30-4 Lunch 12 Noon Cards & Pool 12:30-4:30 Stroke Group 12:30-2:00 Needlework 1-3 Yoga 2:00-3:30 | (5) Yoga 8:30-10:00 Income Tax 8:30-11:30 by appt. only Arts & Crafts 10:00-11:00 Blood Pressure 10-12 * 11:15AM – Senator Looney Presents before lunch Lunch 12 Noon Cards and Pool 12:30-4:30 Pokeno 1:00-3:00 |
| (8) Same as above plus 1:00 -3:00 AARP | (9) Same as above | (10) Same as above | (11) Same as above | (12) Same as above No Blood Pressure |
| (15) Same as 3-2 | (16) Same as above plus Movie Day 1:00 Plus Yoga 3:30-4:30 | (17) Same as 3-3 plus St Patrick's Day Luncheon by reservation only! Blood Pressure 10:30-12 | (18) Same as above Plus Yoga 2:00-3:30 | (19) Same as above |
| (22) Same as above | (23) Same as 3-2 | (24) Same as 3-3 plus 1:00-3:00 Miller Association | (25) Same as 3-4 | (26) Same as 3-5 |
| (29) Same as above | (30) Same as above | (31) | | |