

### **Free Movies**

The Elderly Services free movie for seniors will be shown on Tuesday, May, 18, 2010. “**The Blind Side**”, starring Sandra Bullock, Tim McGrain and Kathy Bates is a true story about a suburban woman who takes in a homeless African American teen from a broken home to help fulfill his potential..

### **Miller Association of Seniors**

The Miller Association of Seniors will meet at the West Haven Conference Center directly on the Board Walk on Thursday, May 27, 2010 at 11:30 am. Tickets are \$20.00 and available for purchase at the Miller Senior Center. Anyone who signed up for the bus needs to be at Miller no later than 10:30 am.

### **AARP**

AARP will meet on May 10, at 1:00 pm in Thornton Wilder Hall of the Miller Complex. Guest speaker will be Executive Director from the Housing Authority Hazelann Cook.

### **Health Net Wii Bowling Spring League**

Monday  
May 24, 2010  
10:00 am – 12:00 Noon  
Woodbridge Senior Center  
Transportation provided for the team

### **Masonic Care Lunch and Learn, May 12<sup>th</sup> at 11:30am in the Social Hall.**

Please sign up for lunch by noon a week prior by calling 203-287-0057. Learn the benefits of Yoga and try the basic techniques. Seating is limited and lunch is by reservations only.

### **12<sup>th</sup> Annual Senior Health Fair Singing and Dancing for Health**

The Senior Professional Healthcare Council will have its Symposium and Health-Wellness Fair on Thursday, May 19, 2010, 9:00 am to Noon in Thornton Wilder Hall, Miller Senior Center, 2901 Dixwell Avenue, Hamden. Health exhibits with information and screenings: free gift bag with snacks, Sponsored by the Arden House Care & Rehabilitation Center.

### **Miller Senior Center Gift Fund**

The Miller Senior Center Gift Fund is a special account that enables us to provide and enhance special events to our seniors at the Senior Center. In order to continue to have more fun activities, donations are welcome and greatly appreciated! Any suggestions/ideas for new activities or events are also welcome. Please make out checks to: “Treasurer Town of Hamden”. You can either drop off at the Center or mail it in: Miller Senior Center, 2901 Dixwell Avenue, Hamden, CT. 06518.

### **Miller Senior Center Now Has Karaoke**

The Miller Senior Center now has its own Karaoke Machine. If you enjoy singing and would like to have fun, you are welcome to show off your talent in the afternoons. For more information and details contact Elderly Services at 203-287-2547.

### **Springtime Craft Items Needed**

Looking for donations for springtime craft items. Please call 203-287-2547 if you have some items you wish to donate!

### **AARP 55 Alive/Mature Driving Classes**

AARP 55 ALIVE/Mature Driving is the nation's first and largest classroom driver improvement course designed especially for motorists age 50 and older. The 8-hour course is taught in **two**, four-hour sessions spanning two days, and costs \$12.00 for AARP members and \$14.00 for Non-AARP Members. You must have your AARP membership number when signing up to receive the \$12.00 fee. If any member lost their membership card they can phone 1-888-687-2277 to obtain their number. Please make checks payable to AARP, no cash accepted. Classes at the Miller Senior Center are as follows: All class times are 8:30 am to 12:30 pm.

**May 7 & May 14.....sign up: April 23**

**June 11 & June 18.....sign up: May 28**

**July 16 & July 23.....sign up: July 2**

**August 13 & August 20....sign up: July 30**

Registration is in person. For more information call Elderly Services at 287-2547.

### **Musicians Wanted!**

The senior center is looking for volunteers to bring and play their musical instruments during lunchtime. Come entertain our lunch attendees while teaching them a little about your instrument!

### **SafeLink Wireless Program**

Safelink Wireless is a government supported program that provides a free cell phone and airtime each month for income-eligible customers. To learn more or apply, call 1-800-SAFELINK or visit [www.safelink.com](http://www.safelink.com).

### **Renter's Rebate Program**

Now is the time to file for the Rent Rebate Program. Appointments can be made by calling the Elderly Outreach Office at 203-287-2691 beginning May 3, 2010. To process your application, you must provide us with the following:

- Documentation of all 2009 income: Social Security Form 1099 or SS4926; 1099 Pension, W-2 Wages, Interest & Dividend etc, Social Security Forms 1099 or 4926 are required in order to process your application.
- 2009 Income Tax 1040 (only if you filed)
- Disabled filers must also have a print-out from Social Security stating the date your disability began (Form name: TPQY)
- Twelve (12) rent receipts or canceled checks (January 2009 to December 2009)
- Twelve (12) utility bills (showing payments): or canceled checks; or a payment history from the utility company (January 2009 to December 2009) UI, RWA, SCG; if heating with oil, a oil bill showing payments you made

A payment history can be obtained from the following utility companies by calling:  
RWA..203-562-4020, SCG..1-800-659-8299,  
UI..203-499-3333, Social Security..1-866-331-5281 or 1-800-772-1213.

### **Free Computer Lab Practice**

The new Computer Lab Hours are as follows:  
Mondays from 1:00 pm to 3:00 pm  
Fridays from 1:00 pm to 3:00 pm

The Senior Trip office is OPEN on Wednesdays, from 10:30 am to 12:30 pm  
Miller Senior Center, 2901 Dixwell Avenue  
For more details contact Marion Lyons at home 203-387-0656  
Marion Lyons will not be in the office May 19 and May 26

## **Trips for 2010**

### **“Joseph” and Penn Dutch “The all new Production Show” May 10-11**

Lancaster, Pennsylvania, \$249.00 double, \$239.00 Triple, \$319.00 Single.

### **Spain's Classic , May 16-25, Madrid, Prado Museum, Toledo, Cordoba, Seville, Flamenco Show Granada, Alhambra, Valencia, Barcelona**

10 days, 14 meals, 8 breakfasts, 1 lunch, 5 dinners. Round trip air from New York.

\$2,899 Double, \$3,349 Single, \$2,869 Triple. Brochures available at the Miller Senior Center.

### **Darren Williams, Australia's Performer of the Year! Aqua Turf, June 17**

Sings in 7 languages, family style meal, \$58.00 pp. Drive on your own.

### **Harlem's Famous Highlights, June 24**

A riding tour of Harlem's famed neighborhood, will take you past the Gospel Churches, Apollo Theater and Harlem Jazz Club. Lunch at Sylvia's “Queen of Soul Food” Restaurant, \$77.00 pp.

### **Two Lobsters and a Crab! At the famous Hukelau, July 13**

Two shows with 2 steamed lobsters or prime rib of beef, \$69.00 pp.

### **Foxwoods & Thimble Islands Cruise, August 3**

Buffet Luncheon/Meal Voucher, \$15.00 Casino Bonus, Narrated Thimble Island Cruise, \$41.00 pp.

### **Boston, Ben & Boats, August 19**

Guided tour with Ben Franklin, luncheon, afternoon cruise, \$79.00 pp.

### **Suffolk Downs, September 8**

Join an afternoon of racing overlooking Swan Pond, Lunch Buffet, Club admission, Racing at your table, a race named for your group, \$49.00 pp.

### **Oktoberfest at the Platzl Brauhaus, October 5**

German entertainment, outdoor activities, full menu, and at 4:00 pm a standing steamship roast carving table, \$74.00 pp.

### **Sensational Sunday Brunch, Log Cabin, Holyoke, MA**

Starring the “Piano-Men” for a ultimate sing-along show! Wide variety of food selection, \$74.00 pp.

### **Elegant Luncheon Log Cabin in Holyoke, MA, Then a ride to Academy of Music Theatre in downtown Northhampton, Ma.**

“The Singing Trooper” Sgt. Daniel Clark, a Retired United States Marine, will sing Patriotic American Favorites, \$64.00 pp.

# May 2010

Senior Community Cafe: 203-287-0057 Elderly Services: 203-287-2547 Elderly Outreach: 203-287-2691

Monday	Tuesday	Wednesday	Thursday	Friday
<b>(3)</b> <b>Aerobics</b> <b>8:30-9:30</b> <b>9:40-10:40</b>  <b>Duplicate Bridge</b> <b>9:30-12:30</b>  <b>Singing Group</b> <b>10:45-11:45</b>  <b>Mah Jongg 11:30-4</b>  <b>Lunch 12 Noon</b>  <b>Cards &amp; Pool</b> <b>12:30-4:30</b>	<b>(4)</b> <b>Aerobics</b> <b>8:30-9:30</b> <b>9:40-10:40</b>  <b>Tai Chi 10:45-12:15</b>  <b>Mah Jongg</b> <b>11:30-4:00</b>  <b>Lunch 12 Noon</b>  <b>Card &amp; Pool</b> <b>12:30-4:30</b>  <b>Bingo 1:00-3:00</b>  <b>Yoga 2:00-3:30</b>	<b>(5)</b> <b>Aerobics</b> <b>8:30-9:30</b> <b>9:40-10:40</b>  <b>Miller Board 9:30</b>  <b>Blood Pressure</b> <b>10:00-12:00</b>  <b>Lunch 12 Noon</b>  <b>Supervised Bridge</b> <b>12:30-3:00</b>  <b>Cards &amp; Pool</b> <b>12:30-4:30</b>  <b>Pokeno 1:00-3:00</b>	<b>(6)</b> <b>Aerobics</b> <b>8:30-9:30</b> <b>9:40-10:40</b>  <b>Tai Chi 10:45-12:15</b>  <b>Mah Jongg 11:30-4</b>  <b>Lunch 12 Noon</b>  <b>Cards &amp; Pool</b> <b>12:30-4:30</b>  <b>Stroke Group</b> <b>1:00-2:00</b>  <b>Needlework 1-3</b>  <b>Yoga 2:00-3:30</b>	<b>(7)</b> <b>Yoga 8:30-10:00</b>  <b>Arts &amp; Crafts</b> <b>10:00-11:00</b>  <b>Lunch 12 Noon</b>  <b>Cards and Pool</b> <b>12:30-4:30</b>  <b>Pokeno 1:00-3:00</b>
<b>(10)</b> <b>Same as above</b> <b>Plus AARP 1-3</b>	<b>(11)</b> <b>Same as above</b>	<b>(12)</b> <b>Same as above</b> <b>No Miller Board</b> <b>No Blood Pressure</b>	<b>(13)</b> <b>Same as above</b>	<b>(14)</b> <b>Same as above</b>
<b>(17)</b> <b>Same as 5-3</b>	<b>(18)</b> <b>Same as above Plus:</b> <b>Movie Day 1:00-3:00</b>  <b>Yoga 3:30-4:40</b>	<b>(19)</b> <b>Same as above</b>  <b>Plus Blood Pressure</b> <b>10:00-12:00</b>	<b>(20)</b> <b>Same as above</b>	<b>(21)</b> <b>Same as above</b>
<b>(24)</b> <b>Same as above</b>	<b>(25)</b> <b>Same as above</b> <b>5-4</b>	<b>(26)</b> <b>Same as above</b> <b>No Blood Pressure</b>	<b>(27)</b> <b>Same as above Plus:</b> <b>Miller Assoc.</b> <b>Brunch West Haven</b> <b>Conference Center</b>	<b>(28)</b> <b>Same as above</b>
<b>(31)</b> <b>Memorial Day</b> <b>Center Closed</b>				