

FREE Movie for September

The Elderly Services free movie for Seniors will be shown on Tuesday, September 21, 2010. "Letters to Juliet" is a romantic story, starring Amanda Seyfried, Vanessa Redgrave and Christopher Egan. This is a tale of encountering new sparks and rekindling old flames taken place in Verona, Italy, the romantic city where Romeo first met Juliet.

Miller Association of Seniors

The Miller Association of Seniors will meet on Wednesday, September 29, 2009 at 1:00 pm in Thornton Wilder Hall of the Miller complex. We will have entertainment by the band, The Survivors. Senior guests from other centers and assisted livings have been invited. Come join the fun and refreshments!

AARP

AARP will meet on Monday, September 13, 2010, 1pm-3pm, in Thornton Wilder Hall of the Miller Complex. Tony Esposito, the Registrar of Voters, will be the guest speaker.

Hamden Senior Wish Society **2010 Wine Tasting and Auction**

The Hamden Senior Wish Society is holding its 4th annual Wine Tasting and Auction on October 21, 2010 from 5:00 pm to 8:00 pm at Laurel View Country Club, 310 West Shepard Avenue, Hamden. Enjoy heavy hors d'oeuvres and bid on some fantastic prizes in both the silent and live auctions. Tickets for the event are \$25.00 per person and can be purchased by contacting: Betty Wetmore at 203-281-3500 or Rose Esposito at 287-2691.

The Hamden Chamber of Commerce's Health & Wellness Committee Senior Health & Lifestyles Festival and Flu Clinic

The Senior Fair will be held Thursday, October 14, 2010, from 9:00am to 12:00pm in the Thornton Wilder Hall. Come and enjoy!

Renter's Rebate Program

The filing period for Renter's Rebate Program continues until September 15. To schedule an appointment call the Elderly Outreach Office at 287-2691.

Farmer's Market

Every Friday rain or shine until October 1, 2010 from 11:00 am to 3:00 pm. The Town of Hamden Farmer's Market located at the Hamden Town Center Park will have fruits, vegetables, fresh eggs, baked goods and more. Farmer Market Vouchers are available on a first come first serve basis for Hamden Seniors or permanently disabled living in subsidized housing. Please call to check on their availability 203-287-2547.

AARP 55 Alive/Mature Driving Course

Dates and sign-ups:

September 10 & 17....sign up August 27
October 15 & 22.....sign up October 1st
November 12 & 19...sign up November 1st
December 3 & 10.....sign up November 22
Call 287-2547 for more information.

\$12.00 AARP membership card, \$14.00 non member. Checks **only** made out to AARP.

Computer Classes are Starting Again!

Beginners, Intermediate and Email/Internet classes available. Must be a Senior to register. Fees are \$15 for Hamden Seniors and \$25 for nonresidents. ID needed. **Checks only!**

Hamden Adult Ed Classes at Miller

Bridge: Commonly Used Conventions;
Wednesdays, September 29, 10am-Noon,
10wks.

Oil Painting Workshop: Thursdays, September
30, 10-Noon, 8wks

**To sign up for classes call Hamden Adult
Education at 203- 407-2028.**

Elderly Services Transportation

The Mini Bus Transportation for Hamden Seniors can be reserved , Monday through Friday, 8:30 to 5:00 by calling (203) 288-2885. Rides are provided to Hamden, New Haven, North Haven and the VA in West Haven. Please remember **all reservations and cancellations** are the individuals responsibility by calling in advance the transportation phone number noted above.

Hospital of Saint Raphael's Presentation

The New Lifeline with AutoAlert will be presented on Friday, September 17 at 11:15AM in the Social Hall before lunch. Please make sure you make your lunch reservations by Noon the day before (203) 287-0057 between 9am -Noon.

Volunteer Opportunities with AARP Tax-Aide

Many kinds of AARP volunteer opportunities are available from Tax-Aide Counselors to Greeters as well as Communications and Technology Coordinators. For Additional information, visit www.aarp.org/taxaide

Fuel Assistance

Call the Elderly Outreach Office at 287-2691 starting October 1st to make an appointment for the Fuel Assistance Program.

Documents Needed Are:

- copy of 2010 Social Security
- copy of most recent Utility Bill
- copy of 2010 pension check
- Previous 30 days interest on any accounts
- Any previous 30 days employment
- Balances in any and all bank accounts
- name of oil dealer

More specific information will be given when making your appointments.

Arts and Crafts with Jeanne- classes begin September 10th 10am to 11am in the Social Hall. Please call 287-2547 to register.

Connpace Reminder!

Reminder! You must renew your ConnPACE when due or you will not be able to re-enroll until November 15 due to changes in the ConnPACE program. New Enrollment is limited to November 15th through December 31st. Few exceptions do apply. You are able to join 31days after you turn 65 or after becoming eligible for Social Security Disability (SSDI) or State Supplement Insurance (SSI).

The Four Strings Ukulele Band

Come enjoy the music 10:30-11:30, Friday, September 24th in the Social Hall in honor of Senior Center Month. Please reserve your lunch by calling the cafe a day in advance at 203-287-0057 before noon!

The Senior Trip Office is OPEN on Wednesdays, from 10:30 am to 12:30 pm
Miller Senior Center, 2901 Dixwell Avenue To book a trip and for more details, contact Marion Lyons at
387-0656 or Wed. 287-2590

Trips for 2010

Wednesday, September 8: Suffolk Downs, MA

Horse Racing with clubhouse enclosed air conditioned seating and buffet lunch...\$49.00 pp

Wednesday, September 22: Connecticut Day at the "Big E", Springfield, MA

Transportation and admission included. Departs Miller 9:00 am, returns approx. 7:30 pm....\$40.00 pp

Sunday, October 17: The Piano Men, Log Cabin, Holyoke, MA

Includes a delicious brunch and ultimate sing-along show...\$70.00 pp

Thursday, November 4: "The Singing Trooper" (A retired Marine) Log Cabin, Holyoke MA

A delicious luncheon and great entertainment...\$64.00 pp

Wednesday, December 1: Christmas at the Salem Cross Inn

Bright night lights display, an apple pie demonstration, great lunch...\$66.00

Sunday & Monday, December 12-13: Atlantic City

Tropicana Casino, two casino bonuses, buffet Breakfast and much more! \$100.00 pp double occupancy

September 2010

Senior Community Cafe:203-287-0057 Elderly Services:203-287-2547

Elderly Outreach:203-287-2691

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>(1) No Aerobics!</p> <p>Tai Chi 10:45-12:15</p> <p>Mah Jongg 11:30-4:00</p> <p>Lunch 12 Noon</p> <p>Cards & Pool 12:30-4:30</p> <p>Bingo 1:00-3:00</p> <p>Yoga 2:00-3:00</p>	<p>(1) No Aerobics!</p> <p>Miller Board 9:30</p> <p>Blood Pressure w/ Jody 10:30-12:00</p> <p>Lunch 12 Noon</p> <p>Supervised Bridge 12:30-3:00</p> <p>Cards & Pool 12:30-4:30</p> <p>Pokeno 1:00-3:00</p>	<p>(2) No Aerobics 8:30-9:30</p> <p>9:40-10:40 Tai Chi</p> <p>10:45-12:15 Mah Jongg</p> <p>11:30-4:00 Lunch 12 Noon</p> <p>Cards & Pool 12:30-4:30</p> <p>Stroke Activity 12:30-2:00</p> <p>Needlework 1-3 Yoga 2:00-3:00</p>	<p>(3) Yoga 8:30-10:30</p> <p>Farmer's Market 11:00-3:00</p> <p>Lunch 12 Noon</p> <p>Cards and Pool 12:30-4:30</p> <p>Pokeno 1:00-3:00</p>
<p>(6) Center Closed Labor Day</p>	<p>(7) Same as Above & Aerobics Begins 8:30-9:30 9:40-10:40 Same as above</p>	<p>(8) Same as above & Aerobics No Miller Board</p>	<p>(9) Same as above & Aerobics</p>	<p>(10) Same as above & Arts and Crafts in the Social Hall 10AM-11AM (Please register beforehand)</p>
<p>(13) Aerobics 8:30-9:30 9:40-10:40</p> <p>Duplicate Bridge 9:30-12:30</p> <p>Miller Melodies 10:45-11:45</p> <p>Mah Jongg 11:30-4:00</p> <p>Lunch 12:00 Noon</p> <p>Cards & Pool 12:30-4:30</p> <p>1:00-3:00 AARP</p>	<p>(14) Same as above</p>	<p>(15) Same as above</p> <p>Blood Pressure w/ VNA 10:30-12:00</p> <p>No Miller Board</p>	<p>(16) Same as above</p> <p>No Yoga!</p>	<p>(17) Same as above</p> <p>Hospital of St. Raph LifelineAutoAlert presentation 11:15am in the Social Hall</p>
<p>(20) Same as above No AARP</p>	<p>(21) Same as 9-1</p>	<p>(22) Same as 9-2 Plus: Bridge, Review, for Inter/Adv 10:00 12:00</p>	<p>(23) Same as above Plus: Oil Painting 10:00-12:00</p>	<p>(24) Same as above The Four Strings Ukulele Band 10:30 to 11:30 in Social Hall</p>
<p>(27) Same as above 10:45AM Miller Melodies in SH</p>	<p>(28) Same as above</p>	<p>(29) Same as above Miller Assoc 1:30</p>	<p>(30) Same as above</p>	

Please call the Senior Cafe to reserve lunches by NOON the day before between 9am-12pm, Mon-Fri. A Form 5 is required to participate in the meal program. (203) 287-0057.