



Please Join us
in
"Keeping Teens Healthy, Fit, and Drug Free"

A Community Forum at YMCA Healthy Kids Day

Where: Hamden/North Haven YMCA
1605 Sherman Avenue
Hamden, CT 06514

When: Saturday, April 17, 2010

Time: 1:15p.m. - 2:15p.m.

Refreshments, Resources, Tips for parents, Youth activities information

**Come hear perspectives on the issue of underage drinking
from young people, parents, and community professionals!**

- How does this issue affect teens in our area? What are your specific concerns?
- What action steps can youth, families, and professionals take to reduce the risks?
- What resources are available to promote healthy youth development?
- How can families help monitor their children's behavior?
- When and how should adults "start talking before they start drinking?"



Hamden Youth Services Bureau



HAMDEN/NORTH HAVEN YMCA
a branch of Central Connecticut Coast YMCA



**Youth Development Training
and Resource Center
at The Consultation Center**