



**DIRECTORY OF
SERVICES FOR
HAMDEN
SENIOR CITIZENS**

FEBRUARY 2011

DIRECTORY OF SERVICES FOR HAMDEN SENIOR CITIZENS

This booklet is a resource guide for senior citizens, caregivers and service providers. It contains information on programs and services for senior citizens residing in Hamden, CT.

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Town of Hamden

VNA Community Healthcare

VOLUNTEER OPPORTUNITIES

CONNECTICUT HOSPICE 800.846.7742

**INTERFAITH VOLUNTEER
CAREGIVERS** 203.230.8994

RSVP 203.752.3059
(Retired and Senior Volunteer Program)

VNA COMMUNITY HEALTHCARE 866.474.5230
Family Caregiver Support Network

Special thank you to Michelle Ferguson at VNA
Community Healthcare for graphic art assistance.

MARY WADE HOME 203.562.7222
TRANSPORTATION SERVICE
Free service for Medicare recipients.
CT TRANSIT BUS SERVICES 860.522.8101

VETERANS
INFORMATION

VETERANS
ADMINISTRATION
MEDICAL CENTER
203.937.3871
(West Haven)
Geriatric evaluation (both inpatient and outpatient), rehabilitation and respite care.



VA BENEFIT INFORMATION
800.827.1000

CT. STATE BENEFITS & SUPPORT 800.931.0460

NEW HAVEN VET CENTER 203.932.9899

SOLDIERS, SAILORS & MARINE FUND 203.789.7841
Assistance for veterans who began serving prior to 1975 and served at least 90 days during wartime.

AID AND ATTENDANCE 203.931.0460

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IMPORTANT TELEPHONE NUMBERS

AGENCY ON AGING OF SO. CENTRAL CONNECTICUT	203.752.3059
ALZHEIMER'S ASSOCIATION 24 Hour Helpline	800.356.5502
EMERGENCIES Ambulance, Police, Fire	911
DOMESTIC VIOLENCE 24 Hour Hotline (toll free)	203.789.8104 888.774.2900
INFOLINE 24 Hour Helpline for Services in CT	211
HAMDEN POLICE DEPARTMENT Non-emergency Calls	203.230.4000
HAMDEN FIRE DEPARTMENT Non-emergency Calls	203.230.4000
HAMDEN ELDERLY OUTREACH	203.287.2691
PROTECTIVE SERVICES FOR THE ELDERLY	203.974.8027
VNA COMMUNITY HEALTHCARE	203.288.1623
VNA HELPLINE (toll free Hamden assistance)	1.866.474.5230

SLEEPING GIANT GOLF COURSE <i>9-Hole public golf course.</i>	203.2819456
YALE REPERTORY THEATER (New Haven) <i>Features new plays by up and coming playwrights.</i>	203.432.1234

TRANSPORTATION

DEPT. OF MOTOR VEHICLES HANDICAP PARKING PLACARDS <i>A temporary parking permit is valid for 6 months. Special parking permit is valid for lifetime use. Permit may be used in any vehicle in which handicapped person is riding.</i>	860.263.5154
GREATER NEW HAVEN MY-RIDE <i>Transportation for 60+ years old and individuals with disabilities. Vehicles are wheelchair accessible. Small fee applies</i>	203.288.6643
HAMDEN SENIOR TRANSPORTATION <i>Transportation for residents 60+ years old; reservations required and made during regular business hours.</i>	203.288.2885
AMTRAK <i>Special senior citizen discounts for people 62+.</i>	800-872-7245
LIFETIME SOLUTIONS <i>Private pay escorted transportation; affiliate of VNA Community Healthcare.</i>	203.985.1549

ORCHESTRA

In existence for over 46 years, the Orchestra performs several concerts each year in different venues.



JONATHAN DICKERMAN HOUSE 203.248.6030

Late 18th century farming home and herb garden of plants used in folk medicines.

LAUREL VIEW COUNTRY CLUB 203.281.0670

18-hole private golf course and country club.

LONG WHARF THEATRE 203.787.4282

(New Haven)

Regional theater offers classics and new productions.

PEABODY MUSEUM OF 203.432.5050

NATURAL HISTORY (New Haven)

Dinosaur fossils of prehistoric mammals, dioramas, bird of Connecticut, human origins, cultures and more.

SHUBERT PERFORMING ARTS 203.562.5666

CENTER (New Haven)

1600-seat theater features new and touring Broadway shows, and a variety of other productions.

ADULT DAY SERVICES

Adult Day Centers provide a variety of health, social and therapeutic services during the day for adults with functional impairments. Transportation and noon meal included.

PARTNERSHIP CENTER 203.248.8854

CLELIAN CENTER 203.248.4151

EDUCATION

Senior citizens 62 or older can attend Connecticut public colleges and universities tuition free on a space available basis. Contact the school for further information.

HAMDEN ADULT EDUCATION 203.407.2028

*Applications are available for **Gold Key Card** at the Miller Senior Center. The **Gold Key Card** allows residents 62 and older a reduced admission rate to school system sporting events, concerts, theater productions and senior-rate registration for Adult Education courses.*



EMPLOYMENT

AGENCY ON AGING 203.752.3059
OF SOUTH CENTRAL CT
SENIOR EMPLOYMENT PROGRAM

Provides part-time community service work for low income, mature job seekers.

CONNECTICUT LABOR DEPT. 203.238.6148

FAMILY CAREGIVER ASSISTANCE

CAREGIVER SUPPORT 866.474.5230
NETWORK

VNA COMMUNITY HEALTHCARE

Resources and respite information to families who support an ill or frail family member.

AGENCY ON AGING 203.785.8533
OF SO. CENTRAL CONNECTICUT
CAREGIVER RESOURCE CENTER

Provides assistance with the Connecticut Home Care Program for Elders, Statewide Respite Care Program and National Family Caregiver Program.



Clinical & community support for adults with mental health and/or substance abuse disorders. Includes out-patient clinical services, case management, residential social and vocational rehabilitation.

HOSPICE BEREAVEMENT 203.315.7544
Provides bereavement support groups in various locations and times. Call for pre-registration.

YALE-NEW HAVEN 203.688.9907
PSYCHIATRIC HOSPITAL
Inpatient and outpatient psychiatric care and resource.
Crisis Intervention 203.688.2222

RECREATION

Note: see "Gold Key Card" under "Education"

ELI WHITNEY BARN 203.248.5924
"1816 Barn" offering country dances, folk music and summer theater

ELI WHITNEY MUSEUM 203.777.1833
Changing exhibits, covered bridge and outdoor Water Learning Lab.

HAMDEN SENIORS PROGRAM 203.287.2547
Miller Senior Center
Multipurpose center providing activities program: exercise, discussion groups, cards, crafts, education, etc.
HAMDEN SYMPHONY 203.787.0676

CT PARKINSON'S WORKING GROUP 203.453.2655

SOCIAL SECURITY ADMINISTRATION 800.772.1213

INFOLINE 211
Additional Medical-related organizations.

MEDICAL EQUIPMENT

CHARLIE'S CLOSET 203.453.8359
Provides folding walkers; shower seats, transfer benches; bed rails, footed canes, etc... to those in need of medical equipment as it becomes available. Donation of \$1 per item. Donations of equipment also accepted.

LINK TO LIFE
203.985.1594
Emergency personal response system. Service through LifeTime Solutions.



APEX PHARMACY 203.281.6571

MENTAL HEALTH

CATHOLIC CHARITIES 203.787.2207
Individuals, couples and family counseling. Need not be Catholic. Must have insurance.

HARBOR HEALTH SERVICES 203.483.2650

FINANCIAL ASSISTANCE

SOCIAL SECURITY ADMINISTRATION
866.331.5281



CONNPACE 800.423.5026
(CT Pharmaceutical Assistance Contract to the Elderly and Disabled) Prescription drug assistance administered by the CT Dept. of Social Services that helps financially eligible seniors or disabled citizens pay part of the cost of certain prescription drugs. Applications are available at the senior center.

QUALIFIED MEDICARE BENEFICIARIES (QMB) 203.785.8533
Pays for monthly Medicare premiums, deductibles and co-payments for financially-eligible individuals.

CT LIGHT & POWER COMPANY 800.388.9727
WRAP – Weatherization services free to customers using at least 7000 KWH electricity per year and at/or below 200% of the federal poverty guidelines.

HAMDEN ELDERLY OUTREACH 203.287.2691
Assistance obtaining services from regional state and federal programs. Intake site for state's energy assistance and rental rebate programs. For Hamden residents only.

MEDICAID – TITLE 19 DEPT. OF SOCIAL SERVICES 888.748.0507

STATE OF CONNECTICUT **203.974.8000**
DEPT. OF SOCIAL SERVICES
Middletown

TOWN OF HAMDEN **203.287.7128**
ASSESSOR'S OFFICE
Administers state and local tax relief programs for elderly and disabled Hamden tax payers.

FOOD

ANGEL FOOD MINISTRIES **203.234.7328**
Reduced cost groceries distributed at Hope Christian Church in North Haven. No conditions or restrictions.

MILLER SENIOR CENTER **203.287.0057**
COMMUNITY CAFE
Hot lunch available for a nominal fee; reservations are required.

MEALS ON WHEELS **203.785.8533**
Provides a hot, nutritious meal to anyone unable to prepare themselves a well-balanced meal. Flexible delivery days; including weekends are available. **ext: 3184**
203.752.9919

HAMDEN FOOD BANK **203.562.5129**
Provides food, toiletries and cleaning products for Hamden residents in need.

UNIVERSITY OF CONNECTICUT **800.535.6232**
Free assistance with research on medical issues. Ext. 4055

MEDICAL & DISABILITY INFO

AGENCY ON AGING OF **203.785.8533**
SO. CENTRAL CONNECTICUT

CENTER FOR DISABILITY **203.934.7077**
INFORMATION
A complete annual guide to services for persons with medical disabilities is available . Call for a free copy.

UNIVERSITY OF CONNECTICUT
MEDICAL LIBRARIAN **860.535.6232**
Free medical research assistance for Connecticut consumers

ALZHEIMER'S ASSOCIATION
24 hour Helpline **800.356.5502**

ARTHRITIS FOUNDATION **800.541.8350**

BOARD OF EDUCATION & **800.842.4510**
SERVICES FOR THE BLIND

CENTER FOR DISABILITY RIGHTS **203.934.7077**

COMMISSION ON HUMAN **800.477.5737**
RIGHTS AND OPPORTUNITIES
Handles discrimination complaints based on race, sex, age, physical disability and national origin to enforce equal opportunity statutes.

PARKINSON'S CENTER **203.789.3936**
Hospital of St. Raphael

LEGAL SERVICES

**CENTER FOR MEDICARE
ADVOCACY** 800.262.4414

*Screening, advice, education material and legal
representation on Medicare issues.*

**STATEWIDE LEGAL
SERVICES OF CT** 800.453.3320

*Screening, advice, self-help materials and representation to
income eligible individuals.*

**CONSUMER LAW PROJECT
FOR ELDERS** 800.296.1467

*Advice and legal representation on consumer/medical debt
and identity theft.*

LIBRARY SERVICES

HAMDEN PUBLIC LIBRARIES

MILLER MEMORIAL
203.237.2680

CENTRAL LIBRARY BRUNDAGE
COMMUNITY BRANCH
203.287.2675

WHITNEYVILLE BRANCH
203.287.2677

HOME DELIVERY 203.287.2680

*Free home delivery for temporarily or permanently
homebound Hamden residents.*



GERIATRIC CARE

LIFETIME SOLUTIONS 203.985.1549

*Private duty home care affiliate of VNA Community
Healthcare. Provides geriatric care management services, in
addition to companion, homemaker, personal care assistance,
and 24 hour live-in help.*

GERIATRIC ASSESSMENT CENTERS

*Comprehensive assessment of older adults who have medical,
cognitive or social problems. Staff at the center work with
the family and patient's private physician.*

**DOROTHY ADLER GERIATRIC
ASSESSMENT CENTER** 203.688.6361
YALE-NEW HAVEN HOSPITAL

HOSPITAL OF ST. RAPHAEL 203.789.3275
SENIOR ASSESSMENT CENTER

**GERIATRIC & ADULT
PSYCHIATRY L.L.C.** 203.288.0414



HAMDEN TOWN DEPARTMENTS

AMERICANS WITH DISABILITIES	203.287.2686
ANIMAL CONTROL	203.230.4080
AFFIRMATIVE ACTION/EEO	203.287.7605
ARTS COMMISSION	203.287.2546
ASSESSOR	203.287.7128
BOARD OF EDUCATION	203.407.2000
ELDERLY OUTREACH	203.287.2691
ELDERLY SERVICES	203.287.2547
FIRE DEPARTMENT	203.407.5880
GOVERNMENT CENTER	203.287.7000
HEALTH DEPARTMENT (QVHD)	203.248.4528
LIBRARY	203.287.2680
MAYOR'S OFFICE	203.287.7100
PARKS AND RECREATIONS	203.287.2579
PLANNING AND ZONING	203.287.7070
POLICE DEPARTMENT	203.230.4000
PROBATE COURT	203.287.7082

PRIVATE LIFE CARE & ASSISTED LIVING

ELIM PARK (CHESHIRE)	203.272.3547
<i>Life care buy-in for independent living apartments, assisted living & nursing home care.</i>	
WHITNEY CENTER	203.281.6745
<i>Life care buy-in for independent living apartments, assisted living & nursing home care.</i>	
MAPLE WOODS AT HAMDEN	203.248.1864
<i>Independent living, assisted living and dementia units.</i>	
ATRIA LARSON PLACE	203.248.8880
<i>Independent living, assisted living and dementia units.</i>	
ARDEN COURTS	203.281.5700
<i>Assisted living for those with Alzheimer's.</i>	

REHAB FACILITIES & NURSING HOMES

ELIM PARK (CHESHIRE)	203.272.3547
ARDEN HOUSE	203.281.3500
HAMDEN HEALTHCARE	203.281.7555
WHITNEY MANOR	203.288.6230
MONTOWESE HEALTH & REHAB	203.624.3303
GAYLORD HOSPITAL	203.284.2800

VNA COMMUNITY HEALTHCARE
 VNA HelpLine (*toll free*) 866.474.5230

HOUSING

PROJECT HOME SHARE 203.785.8533
An Agency on Aging program which helps match those in search of affordable housing with home providers in need of income or services.



HAMDEN HOUSING AUTHORITY 203.248.9036

INDEPENDENT HOUSING

Centerville Village
 Hamden Village
 Mt. Carmel Elderly
 SUBSIDIZED HOUSING
 Mt. Carmel Congregate 203.248.9376
 Davenport/Dunbar Housing 203.248.1445

PUBLIC WORKS 203.287.2600
 RECYCLING AND SOLID WASTE 203.287.7021
 REGISTRAR OF VOTERS 203.287.7081
 SENIOR CENTER 203.287.2547
 TAX COLLECTOR 203.287.7140
 TOWN CLERK 203.287.7112
 TRAFFIC 203.287.2636
 VNA COMMUNITY HEALTHCARE 203.288.1623

HEALTH & DENTAL SERVICES

CONNECTICUT HOSPICE, INC. 800.846.7742
 HOSPICE HOME CARE 203.315.7687
 HOSPITAL OF SAINT RAPHAEL 203.789.3000
 UCONN DENTAL SCHOOL 203.679.3415
Reduced price dental services for seniors.
 VNA COMMUNITY HEALTHCARE 203.288.1623
Home care nurses, therapists (physical, occupational and speech), health screening, flu shots and specialized exercise and health programs.
 YALE-NEW HAVEN HOSPITAL 203.688.4242

**YALE-NEW HAVEN
DENTAL SERVICES**

203.688.2464

HEALTH INSURANCE INFORMATION

**AGENCY ON AGING
CHOICES PROGRAM**

800.994.9422

Connecticut programs for **Health insurance assistance, Outreach, Information, Counseling, and Eligibility Screening**. CHOICES counselors do not sell or market insurance. They provide the necessary information and assistance to enable consumers to make informed insurance choices.



**CT PARTNERSHIP FOR
LONG-TERM CARE INSURANCE**

800.547.3443

Connecticut program in alliance with the private insurance industry to provide long-term care insurance policies which meet state standards.

**CENTER FOR MEDICARE
ADVOCACY**

800.262.4414

AARP

888.687.2277

HELP AT HOME — FOR A FEE

**CT HOMECARE PROGRAM FOR
ELDERS** **800.445.5394**

Provides eligible individuals with assessment, care management and payment for home and community based services.

HOME INSTEAD SENIOR CARE **203.288.1118**
Companions and homemakers.

LIFETIME SOLUTIONS **203.985.1549**
Homemakers, companions, personal care assistance, 24 hour live-ins, and escorted transportation. An affiliate of VNA Community Healthcare.

HELPFUL ORGANIZATIONS

AGING AT HOME **203.287.2590**

HAMDEN ELDERLY OUTREACH **203.287.2691**
Provides social and support services to Hamden residents 60+ years of age, offering information, referral and assistance with programs such as CONNPACE, Energy Assistance, Renter's Rebate, Senior Emergency Food Bank and more.

**INTERFAITH VOLUNTEER
CAREGIVERS** **203.230.8994**

Friendly visiting, intergenerational programs, medical and social transportation and respite.