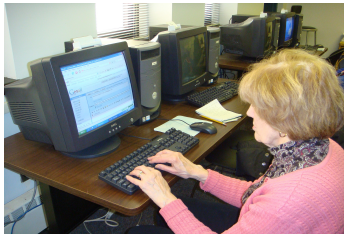
Other Services and Information:

*AARP Safe Driving Courses
*AARP Chapter 3155 Meetings
*Aerobics, Tai Chi, Line Dancing, Yoga
*Computer Classes
*Billiards
*Bridge Classes
*Genealogy
*Miller Melodies Singing Group
*Nintendo Wii Video Sports games
*Needlework, Quilters, Painting, Scrapbooking
*Rent Relief Program, Energy/Fuel Assistance
*Retired & Senior Volunteer Program
*Miller Association of Senior
*G.N.H. Stroke Club / Hamden Ch.



Phone Directory

Senior Center	287-2547
Mini-Bus	288-2885
Community Café	287-0057
Davenport/Dunbar	248-1445
Clelian ADC	288-4151
Elderly Outreach	287-2691
Senior Trip Office	287-0057
Aging at Home	287-2590
RSVP	752-3059
Agency on Aging	785-8533
My Ride	288-6282
Partnerships ADC	248-8854
Interfaith Vol.	230-8994
Housing Author.	248-9036
Legal Aide	946-4811
Meals On Wheels	387-7700
VNA	288-1623

Important Phone Numbers

Emergency	911
Police	230-4000
Fire	407-5880
Ambulance	781-1201
Yale Hospital	688-2000
Hosp. of Saint Raphael	789-3000
Dept. of Social Services	
Elderly Protective Services	974-8027
Social Security	800-772-1213

Miller Senior Center

2901 Dixwell Avenue
Hamden, CT. 06518
287-2547

www.hamden.com
(click Government-Elderly)

Welcome! If you, a friend, or a neighbor are 60 or over then the Miller Senior Center is the place to be. We are having a great time everyday ---and there is an activity or program just for you. So come check us out

today---make new friends and
become involved in your community.

Welcome

Come and join the fun and laughter. Get out of the house or apartment and become part of our community. Go home today with new friends and fond memories. You will feel the warm and friendly environment when you walk in and will become more active and involved filling your day with great memories.
Enjoy our multitude of activities each day, whether it's exercising to the music, working on a crafts project, bowling with our Nintendo Wii video game, scrapbooking or tracing your ancestors in the genealogy class. But most of all, you will enjoy being with friends.

Membership

Free membership is offered to all Hamden residents age 60 and over, as well as their spouses. *Miller Association of Senior is $4.00 per year membership dues.

Hours

Monday through Friday, 8:30am-4:30pm

Parking

Free parking is available.

Newsletter

A monthly newsletter is printed on the first week of each month, listing schedule of activities, classes and programs. Trip details, evening classes and recreational programs are listed too.

Services and Programs

Senior Community Café
Meals are served Mon-Fri. at 11:30am. This program is for seniors 60 years and older. A contribution of $2.00 is requested for the meal.

Mini-Bus Transportation
Please call 288-2885 a week before to arrange transportation. Transportation is for Hamden Seniors (60+) with a request of $.50 one way or $1.00 round trip. Call for more information.. Wheelchair lift is available.

Meals-On-Wheels
Provides a home-delivered meal for either five or seven days each week throughout the year. A fee is charged; some subsidized meals are available. Therapeutic meals are based on dietary needs.

Elderly Outreach Counselors
Provides social and support services to elderly Hamden residents 60+ years of age. It serves as an integral part of community care in providing information, referral and assistance with the following: Agency referrals, Connpace, Fuel assistance, emergency food bank, Renter's rebate, senior companions and telephone reassurance.

Emergency Food Bank / Pet Food Bank
Through the Elderly Outreach Department, qualified seniors needing immediate food assistance for themselves or their pets.

Recreation and Trips

Day or overnight trips. Opera, broadway shows or horse races, the trip office has it all. Contact Marion Lyons:387-0656.

Classes in bridge, computer, and painting are offered. The Nintendo Wii Sports games are available daily. In addition, cards and pool meet daily. Tuesday is Bingo and Pokeno is on Wed. & Fridays.

Exercise Programs
Miller Senior Center offers Aerobics, Tai Chi, Line Dancing, Yoga and the Nintendo Wii Bowling games.