

**Hamden Recreation Dept.**

2750 Dixwell Ave. (Hamden Government Center) Hamden, CT 06518  
203-287-2579

[www.hamden.com](http://www.hamden.com)

**ADULT LEARN TO SWIM PROGRAM**



Learn the basic skills of swimming with the understanding and patience of qualified instructors. Instructions focus on water adjustment, safety, and basic swimming skills. Advanced adults are instructed on improving and developing their swimming abilities through stroke techniques and endurance training. No prerequisites, ages 13 & older!

**All Swim classes held at the Hamden High School Community Pool  
2040 Dixwell Ave. Hamden, CT**

- Days/Time: Wednesdays: 7:30-8:15 pm
- Session 1: March 11, 18, 25, April 1, 8 & 15 ~ Cost \$60
- Session 2: April 22, 29, May 8, 13 & 20 ~ Cost \$50
- Session 3: May 27, June 3, 10, 17, 24 ~ Cost \$50

To register for class make check payable to "Treasurer, Town of Hamden" and mail along with completed form to Hamden Recreation Dept., 2750 Dixwell Ave. (Hamden Government Center) Hamden, CT 06518. c/o Adult LTS

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**2015 Adult "Learn To Swim" – Please Print Clearly**

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone # H \_\_\_\_\_ Other# \_\_\_\_\_

E-mail \_\_\_\_\_

Please indicate session signing up for: #1 \_\_\_\_\_ #2 \_\_\_\_\_ #3 \_\_\_\_\_

<b>Office use only:</b> Amount Paid _____ CK# _____ Cash _____ Date ____
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