



COMMUNITY TENNIS ASSOCIATION

SPRING TENNIS & FITNESS PROGRAMS – 2016

Sponsored by Hamden Recreation Department

NILS NATION TENNIS & FITNESS ACADEMY

Spring Tennis & Fitness Clinics for youngsters ages 5 – 16 of all levels is now available!! The programs will consist of stroke development to drills and fitness. This experience will help the player become a more inspired athlete, as they gain new skills and make new friends!!

Session I – 16 & under (\$65)

Saturday Clinic – April 2, 9, 16, 23....Time: 9:15 –10:15 am

Session II – 16 & under (\$65)

Vacation Clinic – April 18, 19, 20, 21....Time: 9:00 –10:00 am

Session III – 16 & under (\$65)

Saturday Clinic – May 7, 14, 21, 28....Time: 9:15 –10:15 am

Session IV – 16 & under (\$65)

Saturday Clinic – June 4, 11, 18, 25....Time: 9:15 -10:15 am

Session V – 16 & under (\$65)

Tennis & Fitness Clinic – June 6, 7, 8, 9....Time: 4:00 –5:00 pm

Session VI – 16 & under (\$65)

Tennis & Fitness Clinic – June 13, 14, 15, 16....Time: 4:00 –5:00 pm

Location: Mix Avenue Tennis Courts – next to Hamden Rink

Director: Nils Leblang – Hamden Varsity Boy's Tennis Coach, USTA Developmental Coach

Make check payable to Nils Leblang and mail along with completed application to Hamden Recreation Dept., 2750 Dixwell Ave., Hamden, CT 06518, c/o Tennis

Contact: Nils LeBlang: Email: nilsleblang@yahoo.com for additional information

Enrollment is limited – register early

***** CUT HERE-PRINT CLEARLY *****

Spring Tennis & Fitness Programs – 2016

Name _____ Phone _____ Age _____

Address _____ City _____ Zip _____

E-mail _____ School attending _____

Check session/sessions preferred:

_____ Session I – Saturday Clinic (\$65)

_____ Session II – Vacation Clinic (\$65)

_____ Session III – Saturday Clinic (\$65)

_____ Session IV – Saturday Clinic (\$65)

_____ Session V – Weekday Clinic (\$65)

_____ Session VI – Weekday Clinic (\$65)

I, _____, parent/guardian of _____ do hereby give my permission for my child to participate in the Nils Nation Tennis Academy. I, for myself, my spouse, my child/guardian and on behalf of my heirs, assigns and next of kin, assume all risks and hazards incidental to the conduct of activity, including those associated with transportation for outside field trips. I, for myself, my spouse, my child/guardian and on behalf of my heirs, assigns and next of kin, agree to hold Nils Nation Tennis Academy harmless and waive all rights or claims for liability, damages or benefits of any nature, whether legal or equitable, against the Nils Nation Tennis Academy in the event of any injury, accident, natural causes or any illness as a result of participation in the Nils Nation Tennis Academy. I also grant permission for medical treatment and if necessary hospitalization by ambulance transport.

Signature of Parent/Guardian _____ Date _____

Office use only: Amount paid _____ Ck # _____ Cash _____ Date Received _____