

**Hamden Department of Arts, Recreation & Culture**  
 2750 Dixwell Ave. Hamden, CT 06518  
 203-287-2579 ~ [www.hamden.com](http://www.hamden.com)



The Hamden Recreation Department is offering diving lessons with Jessica Boni, Sacred Heart Academy class of '02 and Clemson University class of '06. She is the diving coach at Copper Valley Club as well as a small business owner in Cheshire. She was a state champion and All American Diver while at Sacred Heart Academy as well as a Division One national competitor at Clemson.

**Location: Hamden High School Community Pool**  
**One class is available for those with some experience.**  
**For first time divers, please contact Jessica and an alternate time can be set.**

**Time/Days:** 7:15-8:15 PM Monday 1/9, 1/23, 1/30, 2/6, 2/13, 2/27, 3/6

**Please note that I may choose to cancel any class with less than three divers. Each session will be limited to 7 Divers. Each Diver will be required to purchase a membership through AAU for insurance. The information will be sent once registration forms are received. If you purchased AAU insurance for the Fall session you are all set! This session will be 1 hour classes including 15 minutes of dryland training and 45 minutes in the pool.**

**Ages: 8-17**

**Cost:** \$85 per session. Jessica can be reached at [Jessica.marie.boni@gmail.com](mailto:Jessica.marie.boni@gmail.com) or 610-209-4331.

Make check payable to Jessica Boni and mail along with completed application to Hamden Recreation Dept., 2750 Dixwell Ave., Hamden, CT 06518, c/o Diving

\*\*\*\*\*Please print neatly & cut here\*\*\*\*\*

**Diving-Winter 2017**

Name \_\_\_\_\_ Phone \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

E- mail \_\_\_\_\_ School Attending \_\_\_\_\_

Monday: 7:30 \_\_\_\_\_ 8:15 \_\_\_\_\_

I, \_\_\_\_\_ parent/guardian of \_\_\_\_\_ do hereby give my permission for my child to participate in diving lessons with Jessica Boni. I, for myself, my spouse, my child/guardian and on behalf of my heirs, assigns and next of kin, assume all risks and hazards incidental to the conduct of activity. I, for myself, my spouse, my child/guardian and on behalf of my heirs, assigns and next of kin, agree to hold Jessica Boni harmless and waive all rights or claims for liability, damages or benefits of any nature, whether legal or equitable, against Jessica Boni in the event of any injury, accident, natural causes or any illness as a result of participation in diving lessons. I also grant permission for medical treatment and if necessary hospitalization by ambulance transport.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

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Office use only: Amount paid \_\_\_\_\_ Ck # \_\_\_\_\_ Cash \_\_\_\_\_ Date Received \_\_\_\_\_